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September 19, 2016

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Media Advisory

September is National Preparedness Month and State Agencies are Encouraging the citizens of Nevada to Build an Emergency Supply Kit

The Nevada Department of Public Safety's Division of Emergency Management (DEM), Nevada National Guard (NVNG), Division of Public and Behavioral Health's (DPBH) Public Health Preparedness Program (PHP) and the Department of Conservation and Natural Resources (DCNR) are reminding Nevada residents the importance of planning and preparing for any emergency.

September 19, the third week of National Preparedness Month (NPM) promotes Individual Preparedness. DPBH – PHP urges the citizens of Nevada to be aware of specific needs you may have if an emergency strikes like: medication, power needs, eye glasses, medical equipment, devices that you may count on, pet needs, etc.

The DPBH – PHP urges the public to assemble an emergency supply kit. Try to assemble your kit well in advance of an emergency. You may have to evacuate at a moment's notice and take essentials with you. You will probably not have time to search for the supplies you need or shop for them. A disaster supply kit is a collection of basic items your household may need in the event of an emergency.

NPM Step 3: Assemble an Emergency Supply Kit

Family emergency supplies can be contained in a large container or box, a backpack or a suitcase and can be assembled over several months by adding just one or two items to a grocery list. A kit should include food, water, a first-aid kit, tools, copies of important documents, clothing and bedding, medications and pet supplies. A preparedness kit should include enough supplies to sustain everyone in the household for as many as three weeks.

- One gallon of water per person per day and fluids with electrolytes that will last for as many as three weeks
- Non-perishable food, ready-to-eat canned meats, soups, fruits, vegetables, peanut butter, protein bars, utensils, can openers, sterno heating
- Medical supplies, equipment, first aid kits
- Non-electric can opener
- Change of clothing, rain gear and sturdy shoes for every person in your household
- Blankets and/or sleeping bags
- Battery-powered radio, flashlight and plenty of extra batteries
- Credit cards and cash
- Extra set of car keys
- List of important family information; the style and serial number of medical devices
- Special items for infants, elderly or disabled family members. i.e. Baby formula and diapers
- Prescription and over-the-counter medications
- Extra eyeglasses
- Garbage bags, tools
- Toiletries, including soap
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Don't forget to prepare for your pets. Many shelters might not be able to accommodate pets. Before an emergency occurs, check hotels, motels or shelters to see which will be able to accept pets. Prepare a kit for your pets as well and remember to include any medical information and vaccination records, medication, supplies, leashes, dry food, water, litter, ID tags and toys. Check with your vet about the pet carrier that is appropriate for your animal and microchip pets so you can find them if you are separated.

For more information on assembling an emergency disaster kit go to: <http://www.ready.gov/kit>



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